

Pre-extraction advice

Your next appointment at White Gables Dental Practice is for the removal of one or more of your teeth.

This procedure will be carried out using local anaesthetic, which usually keeps the area numb for approximately 3 hours.

Before your appointment

1. Please ensure that you have eaten a light meal 1-2 hours before your appointment time, it may be some time after your appointment before you feel like eating that day.
2. If you take medication don't change your usual dose, unless instructed otherwise, and notify your dentist if your medication changes before any treatment.
3. If you are a smoker, you won't be surprised that we'd suggest stopping. But we'd recommend not smoking on the day of your appointment, and for a further two days. This will help to make sure you make a good recovery.

Although not compulsory, it may be sensible to have someone accompany you for your appointment and, if possible, drive you home afterwards.

Your dentist may request that you remain at the practice for a short while, just to check your mouth again before you leave.

Warnings

1. After your extraction, you may feel pain, tenderness and discomfort for 48 hours or more. This is to be expected and can be managed with the use of normal pain relief medication. Occasionally, opening your mouth may feel stiff and uncomfortable. Again, this should improve with time.
2. Sometimes after an extraction healing may be delayed and a 'dry socket' can develop. Typically, you will notice pain and have a bad taste in your mouth. It's important you don't ignore any symptoms and call us to arrange an appointment to have this reviewed.
3. During extraction of your lower back molar teeth, especially wisdom teeth, there is a small risk of damage to the nerves connected to your lips, cheeks and tongue. This may result in a tingling sensation or numbness that will resolve in time. Very rarely this may be permanent.
4. During extractions of upper back teeth there is a small risk of causing damage to the sinus, which may require further treatment.

After your appointment, we will give you some written instructions on how to look after your mouth following your extraction.

If you need help or have questions about your next appointment, just call us on: 01492 532554